

CONSUMER MEDICINE INFORMATION

PHARMACY CHOICE LORATADINE Tablets

What is in this leaflet

This leaflet answers some common questions about Pharmacy Choice Loratadine tablets. It does not contain all of the available information. It does not take the place of talking to your doctor or pharmacist. All medicines have risks and benefits. If you have any concerns about taking this medicine, ask your doctor or pharmacist. Keep this leaflet with the medicine. You may need to read it again.

What Pharmacy Choice Loratadine tablets are used for

Pharmacy Choice Loratadine relieves symptoms associated with allergic rhinitis (hayfever), such as sneezing, runny or itchy nose, and burning or itchy eyes.

Pharmacy Choice Loratadine tablets may also be used to relieve symptoms associated with a skin condition called chronic urticaria (also called hives); these symptoms include itching, redness and lumps on the skin.

Pharmacy Choice Loratadine tablets can be used in adults and children 12 years of age and over. Pharmacy Choice Loratadine tablets belong to a class of medicines known as antihistamines. Antihistamines help reduce allergic symptoms by preventing the effects of a substance called histamine. Histamine is produced by the body in response to foreign substances, which the body is allergic to.

Ask your doctor or pharmacist if you have any questions about Pharmacy Choice Loratadine tablets.

There is no evidence that Pharmacy Choice Loratadine is addictive.

Before you take Pharmacy Choice Loratadine tablets

When you must not take it

Do not take Pharmacy Choice Loratadine tablets if you have an allergy to Loratadine, desloratadine or any antihistamines or any of the ingredients of Pharmacy Choice Loratadine tablets listed at the end of this leaflet. Some of the symptoms of an allergic reaction may include skin rash, difficulty in breathing or faintness.

Do not take Pharmacy Choice Loratadine tablets if you are pregnant or breastfeeding unless your doctor or pharmacist has discussed with you the risks and benefits involved.

Do not take Pharmacy Choice Loratadine tablets after the expiry date printed on the pack.

Do not take Pharmacy Choice Loratadine tablets if the packaging is torn or shows signs of tampering.

Before you start to take it

You must tell your doctor or pharmacist:

- if you are allergic to any other medicines or any foods, dyes or preservatives;
- if you have liver disease or any other medical conditions.

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including medicines that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to take Pharmacy Choice Loratadine tablets

How much to take

Adults and children 12 years and over: One Pharmacy Choice Loratadine tablet once daily. Pharmacy Choice Loratadine tablets can be stopped when you obtain relief from your symptoms, and restarted if symptoms recur. Be sure to take Pharmacy Choice Loratadine tablets exactly as

your doctor or pharmacist has told you to. If you do not follow their instructions, you may not get relief from your symptoms.

It does not matter if you take Pharmacy Choice Loratadine tablet before or after food.

How to take it

Take the tablet with a glass of water.

If you take too much (overdose)

In case of overdose, immediately telephone your doctor, pharmacist or Poisons Information Centre (in Australia, call 13 11 26; in New Zealand, call 0800 764 766) for advice, or go to the Accident and Emergency Department at your nearest hospital if you think that you or anyone else may have taken too much Pharmacy Choice Loratadine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. Keep telephone numbers for these places handy.

While you are taking Pharmacy Choice Loratadine tablets

Things you must do

Tell all doctors, dentists and pharmacists who are treating you that you are taking Pharmacy Choice Loratadine tablets.

Tell your doctor or pharmacist if you become pregnant while you are taking Pharmacy Choice Loratadine tablets.

Things you must not do

Do not give Pharmacy Choice Loratadine tablet to children less than 12 years old.

Do not give Pharmacy Choice Loratadine tablet to anyone else, even if his or her symptoms seem similar to yours.

Do not use it to treat any other complaints unless your doctor or pharmacist says to.

Things to be careful of

Make sure you know how you react to Pharmacy Choice Loratadine tablets before you drive a car or operate machinery.

Pharmacy Choice Loratadine tablet is unlikely to make you drowsy. If you are drowsy, do not drive a car or work with machinery.

Stop taking Pharmacy Choice Loratadine tablets 48 hours before you have any skin tests. Antihistamines may interfere with the results of skin tests.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using Pharmacy Choice Loratadine tablets.

Pharmacy Choice Loratadine helps most people with allergies, but it may have unwanted effects in a few people.

Like other medicines, Pharmacy Choice Loratadine tablets can cause some side effects. If they occur, they are most likely to be minor and temporary. However, some may be serious and need medical attention.

Ask your doctor or pharmacist any questions you may have.

The most commonly reported unwanted events were:

- Headache
- Sleepiness
- Fatigue
- Dry mouth

Rare instance of hair loss was also reported. Other unwanted effects may occur in some people taking Pharmacy Choice Loratadine tablets.

After taking Pharmacy Choice Loratadine tablets

Storage

Keep your tablets in the blister pack in a dry place until it is time to take them.

Keep your tablets in a cool dry place where the temperature stays below 25°C.

Do not leave it in the car on hot days or on windowsills.

Keep it where children cannot reach it.

Disposal

If your doctor or pharmacist tells you to stop taking Pharmacy Choice Loratadine tablets or the medicine has passed the expiry date, ask your pharmacist what to do with any that are left over.

Product description

Pharmacy Choice Loratadine tablets can be bought without a doctor's prescription.

What it looks like

Pharmacy Choice Loratadine tablets are small white tablets with a breakline on one side and letter "L" embossed on the other.

Ingredients

Pharmacy Choice Loratadine tablets contain Loratadine 10mg as the active ingredient. Excipients include lactose, starch maize, magnesium stearate, colloidal anhydrous silica, croscarmellose sodium, and talc-purified. Pharmacy Choice Loratadine tablets do not contain sucrose or gluten.

Pharmacy Choice Loratadine tablets are manufactured in India, available in Australia in blister packs of 10's and 30's tablets.

Sponsor

Symbion Pharmacy Services Pty Ltd.

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